

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
				<b>Ashtanga Yoga Basic</b>  <i>09:00 – 10:30</i>	<b>Ashtanga Yoga Basic</b>  <i>14-tägig</i>  <i>10:00 – 11:30</i>	<b>Ashtanga Yoga Led Primary</b>  <i>14-tägig</i>  <i>11.00 – 12.30</i>
<b>Ashtanga Yoga Basic</b>  <i>17:30 – 19:00</i>	<b>Ashtanga Yoga Achtsam und Intensiv</b>  <i>17.30 – 19.00</i>	<b>Faszienyoga</b>  <i>17:30 – 18:45</i>	<b>Ashtanga Yoga trifft Yin Yoga</b>  <i>16:00– 17:30</i>			
<b>Faszienyoga</b>  <i>19:15 – 20.30</i>	<b>Ashtanga Yoga Basic</b>  <i>19:15– 20:45</i>	<b>Ashtanga Yoga Advanded</b>  <i>19.00– 20:30</i>				