

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
		<b>Ashtanga Yoga Basic</b> <i>09:00 - 10:30</i>		<b>Ashtanga Yoga Basic</b> <i>09:00 – 10:30</i>  <b>Ashtanga Yoga trifft Yin Yoga</b> <i>10:45 – 12:15</i>		<b>Ashtanga Yoga Led Class 1.Serie</b> <i>11.00 – 12.30</i>
<b>Ashtanga Yoga Basic</b> <i>16:00 – 17:30</i>			<b>Ashtanga Yoga Basic</b> <i>16:00 – 17:30</i>			
<b>Ashtanga Yoga Basic</b> <i>18.00 – 19.30</i>	<b>Ashtanga Yoga Basic</b> <i>18.00 – 19.30</i>	<b>Fayo/ Faszienyoga</b> <i>18.00 – 19.15</i>		<b>Ashtanga Yoga Advanced</b> <i>17.30 – 19.00 Uhr</i>		
<b>Fayo / Faszienyoga</b> <i>19.45 – 21.00</i>	<b>Ashtanga Yoga Basic</b> <i>19:45 – 21:15</i>	<b>Ashtanga Yoga Advanced</b> <i>19.30– 21.00</i>				

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